

## Centers for Medicare & Medicaid Services (CMS): Mitigating Ligature Risks and Preventing Self-Harm Risks

**Thursday, June 27, 2019 *NEW***

2:00 PM to 3:00 PM Eastern  
1:00 PM to 2:00 PM Central  
12:00 PM to 1:00 PM Mountain  
11:00 AM to 12:00 PM Pacific

Please visit [www.JCRQSN.com](http://www.JCRQSN.com) for more information.



### Program Description

The Centers for Medicare & Medicaid Services (CMS) is increasing its focus on ligature and self-harm risks. Currently, there are no specific regulations that clearly explain physical methods to lessen these risks, but CMS is working on creating increased clarity and guidance regarding what constitutes a ligature or safety risk in behavioral health settings.

While CMS works on this additional guidance, The Joint Commission and other accrediting organizations are using their judgment in identifying ligature and safety-risk deficiencies; the level of severity for those deficiencies; and the approval of the facility's corrective actions and mitigation plans.

Although currently there is no specific CMS requirement related to these issues, citations are being issued under the general requirements of K-100. Joint Commission standards specify that interior spaces must meet the needs of the patient population and are safe and suitable to the care, treatment, and services provided.

Mitigating ligature risks is a necessary component of building and maintaining safe healthcare facilities, and will help to address a nationwide issue. The number of suicides continues to increase in the United States, and is now the 10th leading cause of death, according to the Centers for Disease Control and Prevention (CDC).

### Objectives

After completing this activity, the participant should be able to:

- Describe what CMS is doing to help increase guidance and clarity regarding what constitutes a ligature and self-harm risk.
- Identify some of the top ligature and self-harm risks.
- Discuss ways in which these risks can be reduced.

### Target Audience

This activity is relevant to all hospital staff, medical staff, volunteers, and contracted staff, particularly those who are responsible for life-safety-related activities, including safety officers and committees, department managers and supervisors, performance improvement (PI) staff, training and education staff, and risk managers.

### Presenters:

*Presenter information is not available at this time.*

**For more information on how to view this program, please contact:**

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For complete program descriptions and links to online courses, please visit:

[www.JCRQSN.com](http://www.JCRQSN.com)

*The JCRQSN program is a monthly series of video conference training sessions produced by Joint Commission Resources (JCR) in partnership with The Wellness Network. The Wellness Network is the distributor of the series and has no influence on the content.*

*To learn more, please contact Customer Service at [info@jcrqsn.com](mailto:info@jcrqsn.com) or call 1-888-219-4678.*

## Centers for Medicare & Medicaid Services (CMS): Mitigating Ligature Risks and Preventing Self-Harm Risks

### **Accreditation Information:**

The Joint Commission is accredited by the Accreditation Council for Continuing Medical Education (ACCME-AMA PRA Category 1™), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Note: No ACPE credit was provided for this program

The Joint Commission is provider approved by the California Board of Registered Nursing, provider number CEP 6381, for 1 contact hour.

The Joint Commission is authorized to award 1.0 contact hour of pre-approved ACHE Qualified Education credit for this program toward advancement or recertification in the American College of Healthcare Executives. Participants in this program wishing to have the continuing education hours applied toward ACHE Qualified Education credit should indicate their attendance when submitting application to the American College of Healthcare Executives for advancement or recertification.

This activity has been approved by the National Association for Healthcare Quality (NAHQ) for 1.0 Certified Professional Healthcare Quality (CPHQ) credit.

The Joint Commission Enterprise has been accredited as an Authorized Provider by the International Association for Continuing Education and Training (IACET).

This education offering qualifies for 1.0 Certified Joint Commission Professional (CJCP) credit hours towards CJCP recertification. In order to obtain CJCP credit hours, an individual must first be certified before they start acquiring CJCP credit hours. CJCP credit hours will not be retroactive.

Full attendance at every session is a prerequisite for receiving full continuing education credits. If a participant needs to leave early, his or her continuing education credits will be reduced.

Successful completion of this CE activity includes the following:

- View the presentation and read the accompanying Resource Guide.
- Complete the online Evaluation Form and Post Test.
- A CE certificate/statement of credit can be printed online following successful completion of the Post Test and the Evaluation Form.

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